

**CERTIFICATED COURSE REQUIREMENTS for
PROFESSIONAL PRACTITIONER STUDY
BEGINNING SEPTEMBER 2015
(7 Courses, minimum 186 hours)**

- I. **FOUNDATION LEVEL COURSEWORK** – Choose 1 among the following 3 courses as the prerequisite for the subsequent courses:
New Foundations of the Science of Mind
Beyond Limits
The Spiritual Path (SOM 101) ***PLUS*** Spiritual Mind Treatment (SOM 102)
- II. **THE ESSENTIAL ERNEST HOLMES**
- III. **TROWARD COURSEWORK** – Choose 1 among the following 3 courses:
The Edinburgh Lectures (SOM 207)
Thomas Troward: Edinburgh Lectures
Creative Process in the Individual (SOM 213)
- IV. **HISTORY/PHILOSOPHY COURSEWORK** – Choose 1 between the following 2 courses:
Exploring Roots
From Whence We Came
- V. **CONSCIOUSNESS COURSEWORK** – *Part A* – Choose 1 among the following 3 courses:
Treatment and Meditation: Spiritual Practices for Daily Living
Power of Your Word
Building a Healing Consciousness (SOM 103)
- VI. **CONSCIOUSNESS COURSEWORK** – *Part B* – Choose 1 among the following 3 courses:
Meditation is More Than You Think
Practical Mysticism
Self-Mastery: The Emergence of the True Self
- VII. **ELECTIVE** – Choose 1 course from the vast selection of all other Certificated Courses